



**The
Compassionate
Friends**
of Brushy Creek
Supporting Family After a Child Dies

October 2025

Our next in-person meeting will take place on Tuesday, October 14, 2025, at 7:00 p.m.

Location:

Christ Lutheran Church

510 Luther Drive. Georgetown, TX. 78628

PH: 512-966-8139 Email: TCFBrushyCreek@gmail.com

(If you have problems finding us, call 512-966-1651)



My soul is weary with sorrow; strengthen me according to your word. – Psalm 119:28

The Compassionate Friends of Brushy Creek
YOU NEED NOT WALK ALONE; WE ARE THE COMPASSIONATE FRIENDS

Welcome

We, of the Brushy Creek Chapter of The Compassionate Friends, offer you a warm welcome. Our in-person meetings are on the second Tuesday of each month at 7 pm.

The Compassionate Friends is a mutual assistance, self-help organization offering friendship, understanding and hope to bereave families. Anyone who has experienced the death of a child at any time, of any age, from any cause is welcome. Our meetings give an opportunity to families to talk about their feelings as they go through the grieving process. The purpose of this support group is not the cause of death but rather to focus on being a bereaved parent, sibling, or grandparent. There is no religious affiliation. There are no membership dues.

The Mission of The Compassionate Friends

When a child dies, at any age, the family suffers intense pain and may feel hopeless and isolated. Compassionate Friends provides highly personal comfort, hope, and support to every family experiencing the death of a son or a daughter, a brother or a sister, or a grandchild, and helps others better assist the grieving family.

To Our New Members

We recognize that it takes great courage to come to the first meeting, whether you are a bereaved parent, sibling, or grandparent of one month or many years. Please don't be afraid to come to a meeting. You are welcome to bring a friend or relative for moral support if you wish. Nothing is asked of you. You will find that it is alright to cry, laugh, share how you feel, or listen. You do not have to talk at a meeting if you do not want to. We welcome your participation, but it is not a requirement. To be fair to yourself, please consider attending at least three meetings before you decide whether TCF is right for you.

To Our Members Further Down The “Grief Road”

Each meeting will have new parents, siblings, and grandparents. **THINK BACK** – what would it have been like for you at your first meeting if there had not been any TCF “veterans” to welcome you, share your grief, encourage you, and tell you, “Your pain will not always be this bad.” We welcome your presence and support!

Information Regarding Our Meetings

This is **YOUR** group, and we are here to support each other. Everyone in the room has walked the path you are on now. We hope you will find our meetings and newsletters to be a comfort and a place where you find hope.

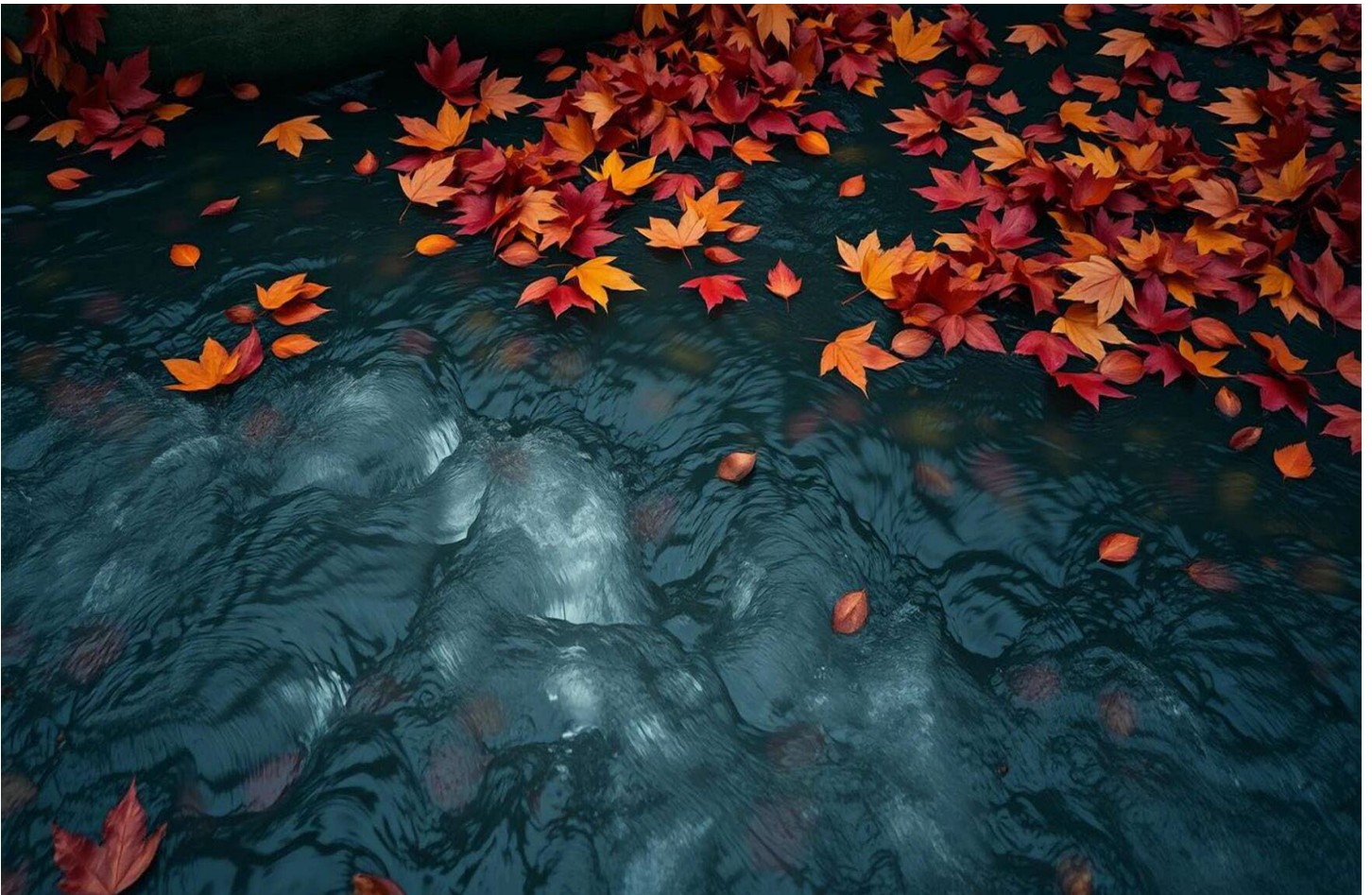
Monthly Topic for Discussion

As we cover these subjects, some points may be made to help you cope a little better.
We are open to suggestions for additional subjects you might like to see discussed.

October – Handling Guilt

November – Potluck Memories (A Guide to Celebrate Thanksgiving)

December – Candle Lighting Ceremony



Though he brings grief, he will show compassion, so great is his unfailing love. –
3:32

Lamentations



Birth Date

Caden
Tiffany
Tiffany
Brian
Angela
Kimberly
Joshua
Michael
Steve
Steve
Steve

Son of
Daughter of
Sister of
Son of
Daughter of
Daughter of
Son of
Son of
Son of
Brother of
Brother of

Casey
Michelle
Taylor
Jim & Janice
Jani
Crystena
Charlotte
Laraine
Don & Betty
Shelley
Robin





Angel Date

Michael
Elijah
Elijah
Jason
Dean
Jack
Jack
Christopher
Tiffany
Tiffany
Leonard
Brooklynn
Dustin

Son of
Son of
Brother of
Son of
Son of
Grandson of
Nephew of
Brother of
Daughter of
Sister of
Brother of
Daughter of
Son of

Laraine
Kamecca Sha'
Taylor
Bonnie
Cynthia
Joyce & Todd
James
Ellie
Michelle
Taylor
Sally
Erika
Shirley



A Message for October

As autumn leaves begin to change, many of us are reminded of the seasons of life and the bittersweet memories they carry. October can bring both beauty and heaviness—the turning of the year toward the holidays often stirs deep emotions in those grieving. May this month’s reflections, prayers, and resources offer you comfort and connection.

Article 1: Finding Meaning in the Seasons of Grief

Grief often mirrors the rhythms of nature. In spring, we may feel the beginnings of new hope. Summer can bring moments of warmth and connection. Autumn, however, often reminds us of endings—the shortening of days and the falling of leaves can echo the absence of our loved ones.

Though it can be painful, autumn also teaches us the value of release. Just as trees shed their leaves to prepare for new life, grief encourages us to release what we cannot carry forever. This does not mean letting go of our loved ones; rather, it means allowing ourselves to grow around the loss, to find ways of carrying their memory with love instead of only pain.

In honoring the seasons, we honor our grief and allow space for gentle healing.

Article 2: Coping with Grief During the Fall Holidays

October brings Halloween and the beginning of the holiday season. For many, these celebrations can feel especially difficult—family gatherings, costumes, or even trick-or-treaters may stir painful reminders of absence.

Some ways to cope include:

- **Creating New Traditions:** Light a candle in memory of your loved one before the evening begins.
- **Setting Boundaries:** Give yourself permission to skip events if they feel overwhelming.
- **Including Your Loved One:** Set out a small decoration, photo, or favorite candy in their honor.
- **Leaning on Community:** Share with friends or fellow Compassionate Friends members how the season affects you.

It’s okay to feel sadness during joyful times. By acknowledging your grief, you create space for love and remembrance.

Article 3: The Healing Power of Ritual

Rituals, whether private or shared, can provide comfort and continuity in grief. They help us feel connected to our loved ones while also marking the passage of time.

Some rituals to consider this October:

- Writing your loved one’s name on a leaf and placing it in a memory jar.

- Attending a candlelight vigil or hosting a small gathering of remembrance.
- Walking in nature, noticing how the changing season reflects your grief journey.
- Creating a seasonal altar at home with photos, flowers, and mementos.

Rituals don't erase grief, but they give it a place to live—outside of your heart, where love can continue to be expressed.



October Grief Prayer

"Loving God, as the days grow shorter and the nights cooler, I feel the weight of loss more deeply. The season reminds me of endings, yet also whispers of renewal. Hold me gently in this time of sorrow. Grant me peace in moments of silence, courage when memories overwhelm me, and comfort in knowing that love endures beyond death. May I find strength in community and hope in the promise of tomorrow. Amen."



Quote of the Month

"Grief is the price we pay for love." – Queen Elizabeth II



Resource Spotlight

- **The Compassionate Friends National Website:** <https://www.compassionatefriends.org>
 - **GriefShare:** Support groups that meet nationwide. <https://www.griefshare.org>
 - **Book of the Month:** *Bearing the Unbearable: Love, Loss, and the Heartbreaking Path of Grief* by Joanne Cacciatore
 - **Podcast:** *The Mindfulness & Grief Podcast* with Heather Stang, offering compassionate discussions for the grieving heart.
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Closing Thoughts

As you move through October, may you find comfort in knowing you are not alone. Whether in silence, ritual, prayer, or community, your grief journey is honored. The Compassionate Friends stands with you.

Jack's Hot Chocolate & More Fundraiser – 2025



Dear Donor,

On October 21, 2023, the Claycomb family lost their sweet son, Jack, to SIDS. Jack was just under 8 months old and his passing was a huge loss to his family and community. The Claycomb/Camp family made the decision to turn this tragedy into a campaign of hope for future families and is hosting a fundraiser in Jack's honor.

Jack's Hot Chocolate and More is Saturday, December 13th, from 11:00 AM - 5:00 PM at Dell Children's North (9010 N Lake Creek Pkwy, Austin, TX 78717). All proceeds from Jack's Hot Chocolate and More will be used to purchase Owlet Dream Socks to send home with families of newborns at Ascension Seton Williamson.

We are asking for donations for items to be included in a silent auction to help raise the funds necessary to purchase the Owlet Dream Socks.

Donations can be dropped off at 7829 Leonardo Drive in Round Rock, Texas. Donation pick ups can be coordinated with Joyce Camp by calling (512) 799-6040 or emailing mythreesons28@att.net.

The deadline for donation drop offs is Saturday, December 6, 2025.

Thank you for helping us further the mission and helping us continue Jack's legacy.

With Gratitude,

Claycomb/Camp Family

The Compassionate Friends Credo

We need not walk alone. We are The Compassionate Friends. We reach out to each other with love, with understanding, and with hope.

The children we mourn have died at all ages and from many different causes, but our love for them unites us. Your pain becomes my pain, just as your hope becomes my hope.

We come together from all walks of life, from many different circumstances. We are a unique family because we represent many races, creeds, and relationships. We are young, and we are old. Some of us are far along in our grief, but others still feel a grief so fresh and intensely painful that they feel helpless and see no hope.

Some of us have found our faith to be a source of strength, while some of us are struggling to find answers. Some of us are angry, filled with guilt or in deep depression, while others radiate an inner peace. But whatever pain we bring to this gathering of The Compassionate Friends, it is pain we will share, just as we share with each other our love for the children who have died.

We are all seeking and struggling to build a future for ourselves, but we are committed to building a future together. We reach out to each other in love to share the pain as well as the joy, share the anger as well as the peace, share the faith as well as the doubts, and help each other to grieve as well as to grow.



Contact Information

TCF Brushy Creek

Committee Members:

Robin Cassens

Mary Delaney

Penny Leone

Advisory:

Rebecca Burgman

Sibling Rep.:

Stephanie Thompson

Newsletter:

Todd & Joyce Camp

TCF Regional Rep.:

Gene Caligari

TCF National Office Information:

The Compassionate Friends

PO Box 46

Wheaton, IL 60187 (or)

900 Jorie Blvd. Suite 78

Oak Brook, IL 60523

Phone (630) 990-0010

Toll-Free (877) 969-0010

www.compassionatefriends.org

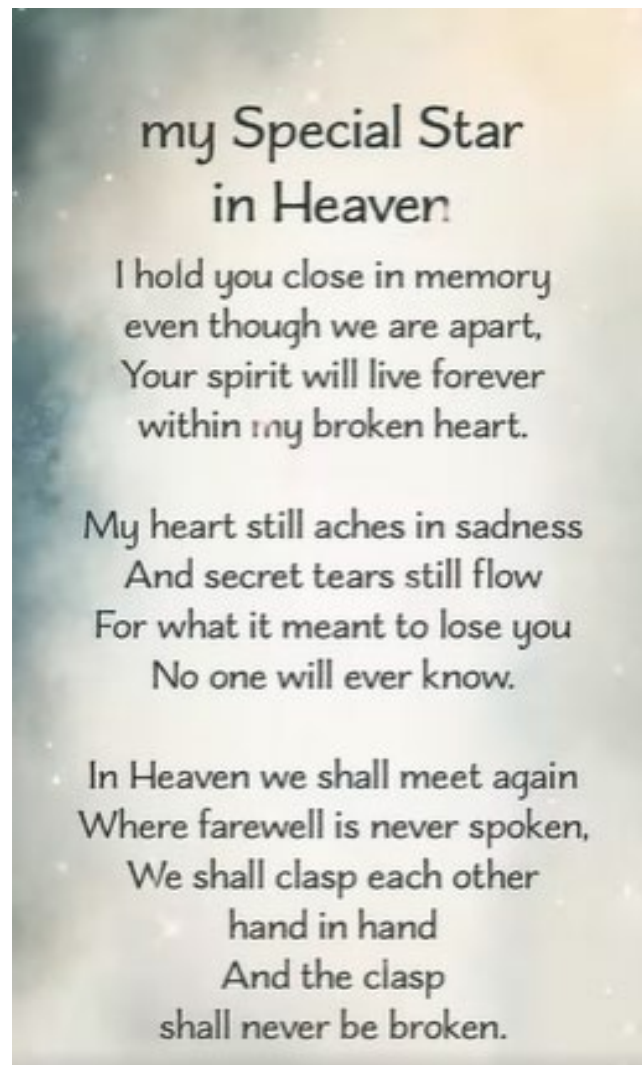
Email Address:

TCFBrushyCreek@gmail.com



Thank you to Christ Lutheran Church

We really appreciate your generosity!



The Compassionate Friends Resources

Stay connected:

Email: info@compassionatefriends.org

Facebook: [Compassionate Friends Official](https://www.facebook.com/CompassionateFriendsOfficial)

Website: www.compassionatefriends.org

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