



**The
Compassionate
Friends**
of Brushy Creek
Supporting Family After a Child Dies

Meeting location

Christ Lutheran Church
510 Luther Drive. Georgetown. TX. 78628
512-348-7885 TCFBrushyCreek@hmail.com
(If you have problems finding us call: 512-966-1651)

Our next in-person meeting will be Tuesday, June 13, 2023 at 7:00 p.m.

ZOOM Meeting Information to follow

Welcome

We, of the Brushy Creek Chapter of The Compassionate Friends, offer you a warm welcome. Our meetings are on the second Tuesday of each month at 7pm. The Compassionate Friends is a mutual assistance, self-help organization offering friendship, understanding and hope to bereaved families. Anyone who has experienced the death of a child at any time, of any age, from any cause is welcome. Our meetings give an opportunity to families to talk about their feelings as they go through the grieving process. The purpose of this support group is not the cause of death but rather to focus on being a bereaved parent, sibling or grandparent, along with the feelings and issues that evolve around the death experience of a child. There is no religious affiliation. There are no membership dues.

TO OUR NEW MEMBERS:

We recognize that it takes great courage to come to the first meeting, whether you are a bereaved parent, sibling or grandparent of one month or many years. Please don't be afraid to come to a meeting. You are welcome to bring a friend or relative for moral support if you wish. Nothing is asked of you. You will find that it is alright to cry and to laugh, to share how you feel or just listen. You do not have to talk at a meeting if you do not want to. We welcome your participation, but it is not a requirement. To be fair to yourself, please consider attending at least three meetings before you decide whether TCF is right for you.



This Month's Topic
Share a memory. ...

The Mission of The Compassionate Friends:

When a child dies, at any age, the family suffers intense pain and may feel hopeless and isolated.

The Compassionate Friends provides highly personal comfort, hope, and support to every family experiencing the death of a son or a daughter, a brother or a sister, or a grandchild, and helps others better assist the grieving family.

Information Regarding Our Meetings

This is YOUR group and we are here to support each other. Everyone in the room has walked the path you are on now. We hope you will find our meetings and newsletters to be a comfort and a place where you find hope.

<https://youtu.be/tAgUQ7IMKOs>

The River by Garth Brooks

<https://youtu.be/nblsU7NAYJ4>

The Dance by Garth Brooks

<https://youtu.be/W9OjkHJdQJ4>

Puff Daddy and Faith Evans Feat. 112 -
I'll Be Missing You



https://youtu.be/33_hchal84I

Who would you be today by Kenny Chesney



<https://youtu.be/SIPhMPnQ58k>

Maroon 5 - Memories

<https://youtu.be/V1bFr2SWP1I>

Somewhere over the Rainbow -
Israel "IZ" Kamakawiwo'ole

https://youtu.be/N_lrrq_opng

MercyMe - I Can Only Imagine

<https://youtu.be/Ze0ad3XCkRA>

Wings of a Butterfly by Jimmy Scott





One day, you are going to hug your last hug, kiss your last kiss and hear someone's voice for the last time. But you never know when the last time will be, so live every day as if it were the last time you will be with the person you love.





Thank You, Michelle and Bradley
for your gift in memory of your
daughter, Tiffany Thompson.

What is the healthiest way to grieve?

Take care of yourself. Try to exercise regularly, eat healthy food, and get enough sleep. ...

Talk with caring friends. ...

Try not to make any major changes right away. ...

Join a grief support group in person or online. ...

Consider professional support. ...

Talk to your doctor. ...

Be patient with yourself.



**The
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Supporting Family After a Child Dies



The Compassionate Friends Credo

We need not walk alone. We are The Compassionate Friends. We reach out to each other with love, with understanding, and with hope.

The children we mourn have died at all ages and from many different causes but our love for them unites us. Your pain becomes my pain, just as your hope becomes my hope.

We come together from all walks of life, from many different circumstances. We are a unique family because we represent many races, creeds, and relationships. We are young, and we are old. Some of us are far along in our grief, but others still feel a grief so fresh and intensely painful that they feel helpless and see no hope.

Some of us have found our faith to be a source of strength, while some of us are struggling to find answers. Some of us are angry, filled with guilt or in deep depression, while others radiate an inner peace. But whatever pain we bring to this gathering of The Compassionate Friends, it is pain we will share, just as we share with each other our love for the children who have died.

We are all seeking and struggling to build a future for ourselves, but we are committed to building a future together. We reach out to each other in love to share the pain as well as the joy, share the anger as well as the peace, share the faith as well as the doubts, and help each other to grieve as well as to grow.



On a personal note...

I apologize to each of you, for my many newsletter mistakes over the past several years. I truly love being apart of TCFBC, a group nobody ever wants to be apart of. And remember on your next eye exam #getdilated



Shelley

TCF Brushy Creek

Steering Committee

Co-Leaders:

Committee Members:

Robin Cassens

Caty Craig, Sibling Rep.

Stephanie Thomsen, Sibling Rep.

Mary Delaney

Vickey Harrison

Penny Leone

Rebecca Burgman-Advisory

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**TCF National Office
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